

# The Comradery Project



**Professional Fulfillment  
is defined as:**

*Happiness or  
meaningfulness, self-  
worth, self-efficacy and  
satisfaction at work.*

## Registration Process

1. Form a group with 4-8 UHA affiliated providers. You may continue with your previous group from last year, if applicable, or create a new group.
  - a. If you need assistance finding a group, please email Julissa ([Jdarden@stanfordhealthcare.org](mailto:Jdarden@stanfordhealthcare.org))
2. Select one group leader for your group.
  - a. The group leader will share the monthly discussion questions sets and coordinate the monthly Comradery meetings between February – July 2020
  - b. The group leader will receive the reimbursement guidelines to share with the group. The group leader does not need to pay each month; one group member should pay and submit for reimbursement each month
3. Group leaders: please register your group by completing [this short survey](#) by February 10, 2020.
4. All Comradery group members and leaders will receive a brief survey in early February and early August to help us evaluate the project. Please consider completing both confidential surveys to help us evaluate our efforts.