



Healthy For Good™  
Heart Walk®

# 2019 Bay Area Heart Walk

Make a difference. Walk and raise funds for every parent, grandparent, daughter and son taken too soon, and for the millions of Americans of all ages whose lives are instantly and profoundly changed by heart disease and stroke. Join us for a 1 mile non-competitive walk to celebrate the strides we are making against heart disease and stroke, as well as promote walking as a part of a heart-healthy lifestyle!

**Join Team Stanford**  
**Saturday, October 5th 8:00AM-11:30AM**  
**The Danville Livery & Mercantile - Danville**



**Register Today!**

[www.heartwalkbayarea.org/stanfordhealthcare](http://www.heartwalkbayarea.org/stanfordhealthcare)

American Heart Association—Greater Bay Area Division  
(510) 903-4017