

# PROMISE ZONE PRIMARY CARE GUIDE



WEST PHILLY  
PROMISE  
NEIGHBORHOOD





Why should I have a  
primary care doctor?

As a patient, you will get your own personal doctor. It's a better way to get medical care than going from doctor to doctor or rushing to the emergency room when something goes wrong. You will be able to build a relationship with the provider and they will know all of your medical history.

Vaccines:  Blood work and lab testing:  Mental Health:  Family Planning and Breastfeeding Support: 







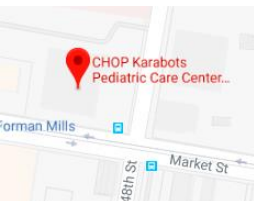
## City of Philadelphia Health Center #4

 215-685-7601  4400 Haverford Ave.  
 Mon. 7:30am-8:00pm; Tues.-Fri. 7:30am-8:00pm  
 30, 31, 64







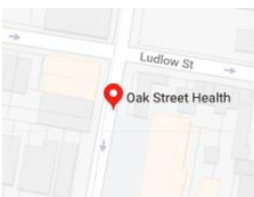
## Drexel Family Medicine

 215-220-4720  3401 Market St.  
 Mon., Wed., Fri. 8:30am-4:30pm; Tues. 10:30am-7:00pm; Thurs. 10:30am-5:00pm  
 11, 13, 21, 30, 34, 36, 42, LUCY







## Karabots (Pediatric)

 267-425-9800  4865 Market St.  
 Mon.-Thurs. 8:20am-7:45pm; Fri. 8:20am-5:00pm; Sat. 8:40am-2:45pm  
 30, 31, 64



## Oak Street Health

 215-444-7470  37 S. 40<sup>th</sup> St.  
 Mon.-Fri. 8:00am-4:00pm  
 11, 13, 21, 30, 34, 36, 42, LUCY



Medicare Only

**Insurance:** Medicare, Medicaid, Most Insurance Plans

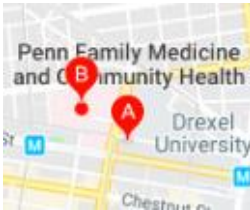
Primary Care visits are free with some insurance plans. If not, there may be a small copay fee.

**No Insurance? Sliding Scale:** Small fee based on family size and income.



## PCOM Healthcare Center

☎ 215-662-0119 🏠 4148 Lancaster Ave.  
 🕒 Mon.-Fri. 8:00am-4:00pm  
 🚌 10, 31, 43



## Penn Medicine Family Care

☎ 215-662-8777 🏠 3737 Market St. & 51 N. 39<sup>th</sup> St.  
 🕒 Mon.-Fri. 8:00am-4:00pm  
 🚌 11, 13, 30, 34, 36, 42



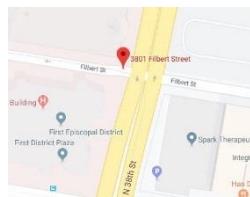
## Sayre Health Center

☎ 215-474-4444 🏠 227 S. 59<sup>th</sup> St.  
 🕒 Mon. 8:30am-8:00pm; Tues.-Fri. 8:30am-5:00pm  
 🚌 21, 34, 42, 46



## Spectrum Community Health Center

☎ 215-471-2761 🏠 5201 Haverford Ave.  
 🕒 Mon. & Thurs. 8:30am-8:00pm; Tues. & Wed. 8:30am-5:00pm; Fri. 12:30pm-5:00pm; Sat. 8:30am-1:00pm  
 🚌 30, 52



## Penn Presbyterian Internal Medicine

☎ 215-662-8978 🏠 3801 Filbert St.  
 🕒 Mon. & Tues. 8:00am-7:00pm; Wed.-Fri. 8:00am-5:00pm  
 🚌 10, 30, 40, LUCY



Medical practices can be private or public. What this means is that private practices are funded by insurance payments only while public clinics are funded by the government to provide care to everyone even if they can't pay or do not have insurance. At academic institutions that provide health care, remember that you may be seen by a student or student doctor who is supervised by a doctor.

### Free or Low-Cost Neighborhood Dental Care

City of Philadelphia Health Center #4	215-685-7504	555 S.43 <sup>rd</sup> St.
City of Philadelphia Health Center #3	215-685-7601	4400 Haverford Ave.
Sayre Health Center	215-474-4444	227 S. 59 <sup>th</sup> St.
Spectrum Health Center	215-471-2761	5201 Haverford Ave.
Penn Dental Clinic	215-898-8965	240 S. 40 <sup>th</sup> St.
Karabots	267-425-9800	4865 Market St.
Kids Smiles	215-492-9291	5828 Market St.

### Need Insurance?

Insurance Exchange  
 Healthcare.gov  
 1-800-318-2596

Medicare and Medicaid  
 CMS.gov  
 1-844-228-5756

PA Health Access  
 1-877-570-3642